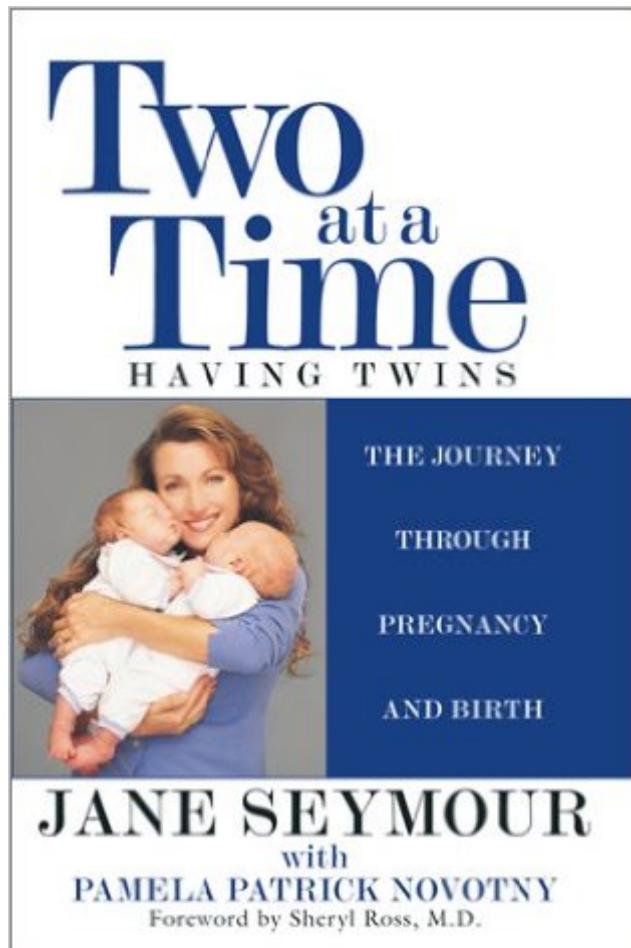


The book was found

Two At A Time: Having Twins: The Journey Through Pregnancy And Birth



Synopsis

The popular actress offers a guide to twin pregnancies, describing the physical effects of pregnancy, signs of potential problems, birthing options, preparing for a multiple birth, and how to juggle schedules to accommodate two newborns.

Book Information

Hardcover: 224 pages

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Language: English

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Product Dimensions: 6.3 x 0.8 x 9.5 inches

Shipping Weight: 1.2 pounds

Average Customer Review: 1.8 out of 5 stars [See all reviews](#) (11 customer reviews)

Best Sellers Rank: #2,512,218 in Books (See Top 100 in Books) #100 in [Books > Parenting & Relationships > Family Relationships > Twins & Multiples](#) #3472 in [Books > Health, Fitness & Dieting > Women's Health > Pregnancy & Childbirth](#) #4035 in [Books > Parenting & Relationships > Family Relationships > Motherhood](#)

Customer Reviews

If your looking for a book to help you cope with being pregnant with twins, buy a different book. This book didn't give any advice for the common expecting mother. She goes on about how she couldn't sleep so she had a special chair made for her, her clothes didn't fit so she had them specially made for her. She brags about all the gifts she got for the babies, all the help she had once they were born, and how she lost all her weight weeks after delivery. This isn't a book for reality minded mothers-to-be. The only good part were the co-author's little comments (her doctor) they were the only factual, informative part of the book, unfortunately, her doctor didn't write enough to make it worth the money.

Sorry Jane! I know she probably meant well, but let's face it, the majority of us do not have access to her style of living. If you're curious about how the more wealthy people live, go for it. If you're looking for more practical information, you can save money by buying "Multiple Blessings", packed with much more realistic advice and so much more helpful. I have to admit, I did get a good laugh (sarcastically speaking) out of the "can you believe in all our planning we forgot to put a bathtub in

the babies bathroom. We immediately hired a contractor to put one in". If only I had that problem!

Jane Seymour will never really know what it is like to raise twins, and therefore can't offer any practical advice. Get a full time nurse?? Get real.

As another reader put it, Jane will never know what it's REALLY like to have twins-most of us can't afford a baby nurse, let alone a nutritionist, personal trainer, chef, etc. She's unbelievable! Do not buy this book unless you want to be depressed.

When we found out that we were expecting twins, a friend with twins recommended this book to us. We found that the book was not very realistic for the every day person. Although the author's story was interesting to read about, we didn't find it at all helpful in preparing for our twins. For a more realistic look at life with twins, I would highly recommend 'Ready or not, here we come' by Elizabeth Lyons.

This woman lives in cloud cuckoo land. Her advice has absolutely no bearing on most people's everyday reality, and she comes across as a rich, spoilt, pampered woman who has no idea how ordinary people live. This book offers much insight into its author, but very little practical advice for real people. By all means purchase the book if you're sufficiently wealthy and morbidly self-obsessed.

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